

2024 Review for the Obesity Certification Exam

Opening Remarks

Sabrina Diano, PhD

Robert R. Williams Professor of Nutrition, Professor of Molecular Pharmacology
Director of Institute of Human Nutrition
Columbia University Irving Medical Center

SESSION 1

Epidemiology and the Determinants of Obesity

Babak Orandi, MD, PhD, MSc, FACS, DABOM

Transplant Surgeon and Obesity Medicine Specialist
NYU Langone Health

Obesity Pathophysiology

Beverly Tchang, MD, DABOM

Assistant Professor of Clinical Medicine
Weill Cornell Medicine

Complications of Obesity and their Pathophysiology

Joshua Cook, MD, PhD

Assistant Professor of Medicine
Columbia University Irving Medical Center

Session 1 Q&A

SESSION 2

Overview of the Diagnosis, Evaluation and Management of Obesity in Adults I

Deborah Bade Horn, DO, MPH, MFOMA, DABOM

Associate Professor of Surgery | Medical Director
UT McGovern Medical School in Houston | UT Center for Obesity Medicine and Metabolic Performance

Overview of the Diagnosis, Evaluation and Management of Obesity in Adults II

Deborah Bade Horn, DO, MPH, MFOMA, DABOM

Associate Professor of Surgery | Medical Director
UT McGovern Medical School in Houston | UT Center for Obesity Medicine and Metabolic Performance

Session 2 Q&A

SESSION 3

General Nutrition Concepts and Treatment Recommendations for Patients with Obesity

Heather Seid, DCN, RDN

Bionutrition Research Core Program Manager
Irving Institute for Clinical and Translational Research
Columbia University Irving Medical Center

The Role of Physical Activity in the Prevention and Treatment of Obesity

Martica Heaner, PhD

Health Writer & Editor, Nutrition Professor, Exercise Physiologist
Adjunct Associate Professor of Nutrition | Adjunct Associate Professor of Health & Nutrition Sciences and Kinesiology
Hunter College | Brooklyn College

Session 3 Q&A

SESSION 4

Pharmacotherapy for Obesity Management I

Mohini Aras, MD

Assistant Professor of Clinical Medicine
Weill Cornell Medicine

2:00 PM Pharmacotherapy for Obesity Management II

Mohini Aras, MD

Assistant Professor of Clinical Medicine
Weill Cornell Medicine

2:30 PM Review of Surgical Procedures in Obesity Medicine

Abraham Krikhely, MD, FACS, FASBMS

Chief, Division of Minimally Invasive and Weight Loss Surgery
Columbia University Irving Medical Center

Session 4 Q&A

SESSION 5

Pediatric Obesity Management

Alyson Weiner, MD

Assistant Professor of Pediatrics
Weill Cornell Medicine

Practice Management

Deborah Bade Horn, DO, MPH, MFOMA, DABOM

Associate Professor of Surgery | Medical Director
UT McGovern Medical School in Houston | UT Center for Obesity Medicine and Metabolic Performance

Obesity Medicine Certification Overview

Josie Burke

Director of Physician Relations
American Board of Obesity Medicine

Session 5 Q&A

SESSION 6

Sample Board Questions

Sarah Schmitz, MD, DABOM

Obesity Medicine Specialist
NewYork Presbyterian Hospital/Weill Cornell Medical Center

Session 6 Q&A

Closing Remarks

Sabrina Diano, PhD

Robert R. Williams Professor of Nutrition, Professor of Molecular Pharmacology
Director of Institute of Human Nutrition
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